

ELDAC Dementia Toolkit

The ELDAC Dementia Toolkit offers evidence-based resources about palliative care and advance care planning that can assist you and your organisation in supporting the end of life needs of people with dementia and their families.



The toolkit is designed for health professionals and aged care staff and is a free online resource that is user-friendly, evidence-based, and developed by aged care experts. The Dementia Toolkit contains 2 main sections with information, tools, and downloadable resources to use across care settings.

Clinical Care

- Information on dementia
- Clinical assessments and resources for palliative care and advance care planning organised according to the ELDAC Care Model's 8 clinical care domains
- Best practice management of pain, nutrition and responsive behaviours
- Resources for families.

Education and Learning

- Opportunity to evaluate your dementia knowledge
- Dementia Personal Learning Plan to focus your education needs
- Recommended dementia education and resources to meet your learning goals
- Links to online websites and resources.

**The Dementia Toolkit is
available on the ELDAC website:
www.eldac.com.au**

There are two sections of the Personal Learning Assessment to complete:

Section 1: Knowledge of palliative care and advance care planning

Section 2: Skills and confidence in providing palliative care and advance care planning

It is recommended that you complete the assessment at least annually as your learning and development needs change. The assessment can be used as part of your performance review. You should use your completed assessment to assist you in completing the ELDAC Personal Learning Plan.

Section 1: Knowledge of Palliative Care and Advance Care Planning

This section of the tool asks you to rate your **knowledge** on a three point scale:

1. I don't know anything about this topic
2. I could learn more about this topic
3. I am happy with what I know about this topic

It is recommended that any areas you rate as a '1' (I don't know anything about this topic) should be considered for inclusion in your Personal Learning Plan.

Name		Date Completed <small>Day / Month / Year</small>		
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Knowledge Area		Rating Level		
		1	2	3
1	What is palliative care and end-of-life care			
2	Advance care planning legislation and processes relevant to your state/territory			
3	Ethical issues that impact on palliative and end-of-life care (e.g. withdrawing treatment, family conflict)			
4	Recognising that a person needs end-of-life care			
5	How to recognise/assess the physical, psychological, social and spiritual needs of a person requiring palliative or end-of-life care			
6	Develop/implement a care plan to meet the identified palliative care needs of a person at end-of-life			
7	Palliative symptom management			
8	Communication skills (e.g. active listening, questioning, attending and empathy)			
9	Respect for and ability to meet the requirements of individual resident/client cultural, religious and spiritual beliefs and values			
10	Working effectively as a team to provide palliative and end-of-life care			
11	Able to identify that support from specialist palliative care or other agencies may be required			
12	How to recognise that the condition of a person receiving palliative care has further deteriorated			

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13	Care for a person in the last week of life			
14	Legal, cultural, religious issues when caring for a person's body after death			
15	Bereavement needs of families			
16	Self-care in the workplace			

Section 2: Skills and Confidence in Palliative Care and Advance Care Planning

This section of the tool asks you to rate your **skills and confidence** on a three point scale:

1. I do not feel confident
2. I feel somewhat confident
3. I feel very confident

It is recommended that any areas you rate as a '1' (I do not feel confident) should be considered for inclusion in your Personal Learning Plan.

Skills and Confidence Area		Rating Level		
		1	2	3
1	What is palliative care and end-of-life care			
2	Discussing advance care planning legislation and processes relevant to your state/territory with residents/clients and families			
3	Addressing ethical issues that impact on palliative and end-of-life care (e.g. withdrawing treatment, family conflict)			
4	Recognising that a person needs end-of-life care			
5	Utilising appropriate, validated tools to inform a holistic, person-centred palliative care assessment requiring palliative or end-of-life care			
6	Developing and implementing a care plan to meet the identified palliative care needs of a person			
7	Managing palliative care symptoms within my scope of practice			
8	Use open and sensitive communication to develop a relationship with residents/clients and family			
9	Respecting and meeting the requirements of individual resident/client cultural, religious and spiritual beliefs			
10	Working effectively in a team to provide palliative and end-of-life care			
11	Understanding when and how to refer to specialist palliative care or other agencies within my scope of practice			
12	Recognising that the condition of the person receiving palliative care has further deteriorated			
13	Caring for a person in the last week of life within my scope of practice			
14	Understanding the legal, cultural, religious issues when caring for a person's body after death			
15	Assessing family bereavement needs and refer if necessary			
16	Recognising the need for support for yourself or others in the workplace			

Review your Dementia Knowledge Assessment Tool (DKAT2) results, and identify 3 priority areas to focus your learning needs based on which questions were answered incorrectly. Use your DKAT2 results and this learning plan to discuss with your supervisor your knowledge in dementia care and areas where further training is required. To help create your learning plan, browse the various types of education and resources recommended by the ELDAC team in the Dementia Toolkit Education and Learning section.

Name					Date Completed
Knowledge Need/ Learning Priority	How will this be met?	Target Date	Date Completed	Evidence of Completion	How have you applied your knowledge in dementia care? Provide specific examples.
Example Improve my knowledge about pain assessment for people with dementia.	Select one <div>E-Learning ▼</div>	Day / Month / Year 30/06/2022	Day / Month / Year 30/06/2022	Certificate of completion of Dementia Training Australia – The Pain Puzzle Course.	I understand how to assess and manage pain for people with dementia.
Priority 1	Select one	Day / Month / Year	Day / Month / Year		
Priority 2	Select one	Day / Month / Year	Day / Month / Year		
Priority 3	Select one	Day / Month / Year	Day / Month / Year		